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St. Francis of Assisi

Bird Food Snack

- Ingredients**
- 1 cup Sunflower seeds
 - ½ cup Peanuts
 - 1 package of Gummy worms

- Directions**
1. Combine ingredients in a large zip lock bag.
 2. Shake, shake, shake thoroughly mixing ingredients.
 3. Serve in small Dixie size cups (serves 10 children).

Suggestions Talk about the story of St. Francis preaching to the birds. He practiced his preaching in the woods and the birds gathered around and listened to his sermon. Afterward Saint Francis told the birds to go out and sing to glorify God. Have a discussion with the children about animals and God's love for all of His creation. How can children glorify God by helping and loving animals?



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St. Francis of Assisi

Carry the Stones Relay

- Supplies**
- 1 ball per child
 - cones or other marker to indicate starting line
 - Optional: use water balloons instead of balls on hot summer days

How to Play St. Francis carried heavy stones from fields near and far to repair the old church in the nearby town. Let's have a race and carry as many stones as possible to help St. Francis.

Split the group into two teams. Place balls at a designated place from the starting line. Space this pile at a distance appropriate for each age group. The young ones should have less distance to run. Challenge the oldest group with a longer distance to run.

Line each team up with the first person in line ready to run for the stones.

The object of the game is to run to the rocks and grab a ball (stone), run back to the line and drop the "stone" near the line. The winning team is the one that moves all of the balls back to their line first.

Great job helping rebuild the Church!



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