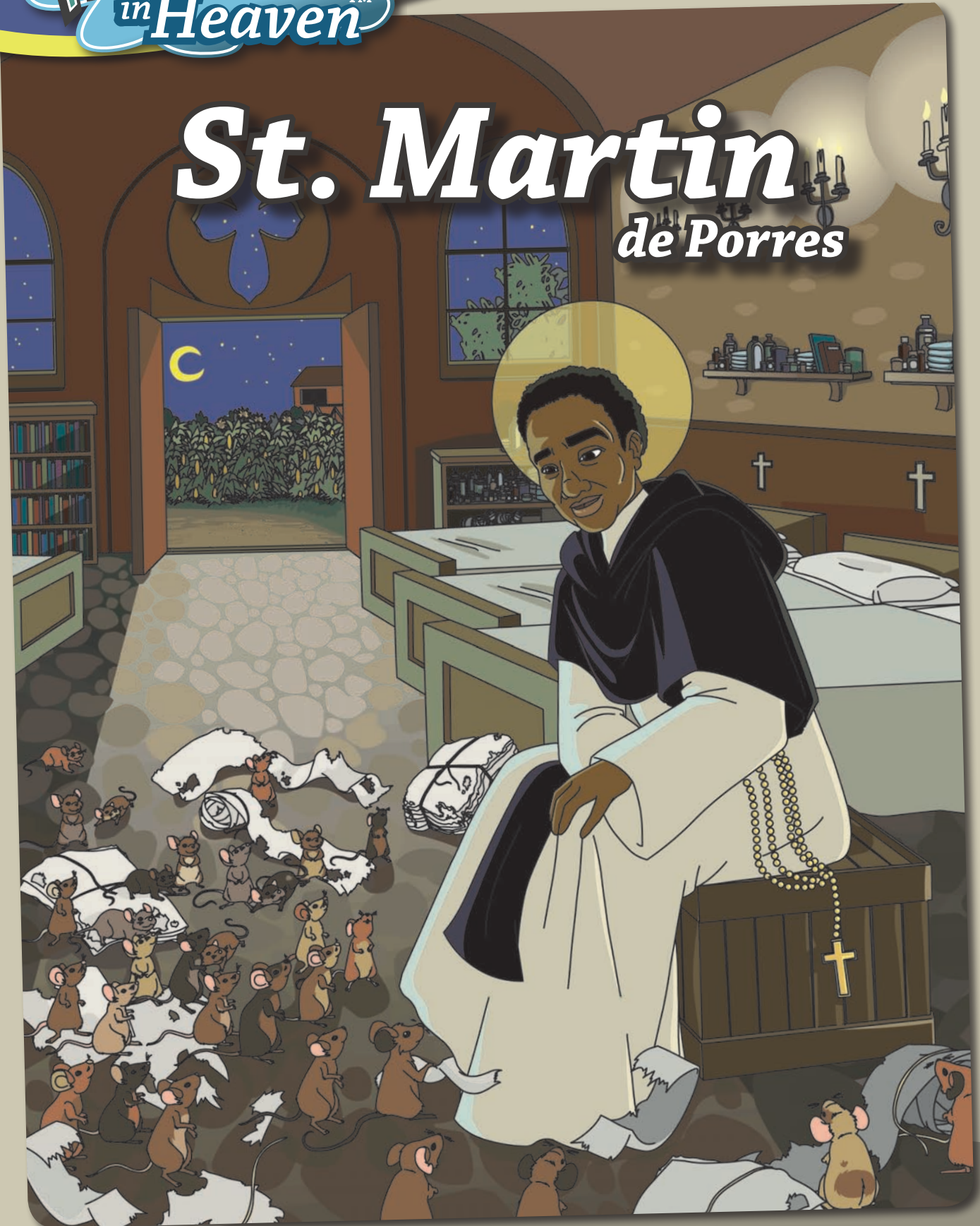




A Catholic Vacation
Bible School Program
by Tammy Gabrelcik

St. Martin de Porres





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St. Martin de Porres

Lesson Plan

Supplies Visuals for this story will keep the children's attention. Gather the following items and place them in a basket with a lid or in a box. Keep the items out of view until the story indicates showing the visual.

- **A** a cardboard sign with "1579" written in large numbers
- **B** pouch with coins
- **C** scissors; empty medicine bottle and spoon; cassock or habit;
- **D** men's old shoes
- **E** a cardboard sign with "bi-locating" written in large letters
- **F** padlock
- **G** two pictures of St. Martin
- **H** stuffed dog, and cat or similar animals
- **I** a roll of white cloth or bandages
- **J** small guardian angel statue or picture in frame that will stand
- **K** a cardboard sign with the word "incorruptible" written in large letters
- **L** a cardboard sign with " St. Martin de Porres Pray for Us!"

Directions Read the following story and pull out the visual where designated in the story. Hold each item up in order for the whole group of children to see as the story is told. Enlist an assistant to help with the visuals if needed.

Story St. Martin de Porres lived many years ago in Lima, Peru **A in 1597**. His father was a Spaniard and his mother was an Indian from Panama. His family was very poor.

His mother would send him to the market with **B money** and St. Martin would give the money to the poor people instead of buying the food.

When he grew older he was sent to medical school. St. Martin was very excited about learning medicine. He knew he could help heal many poor people with this knowledge. When he was twenty-two years old, he became a Dominican Brother. His jobs included being a **C barber** and the **C infirmarian** which is a person that takes care of the sick. He also was the keeper of common **C wardrobe**.

Lesson Plan (Continued)

St. Martin would rest only a while on a stretcher in the hall. He would accept two habits, both old and full of patches and falling to tatters. If they gave him new **D shoes**, he would loan them to the poor and take them back when they were worn out.

St. Martin de Porres would be with the sick and at another place at the same time. This is called **E bi locating**. He would know that others were sick and needed help. This holy man would walk through **F locked doors** to help others.

He could heal wounds with his prayers; bring back men from the dead and travel to other lands without **G leaving his country bodily**.

St. Martin was kind to all. Even to animals, **H dogs, cats, rats and mice**. The mice were **I chewing up the linens** in the monastery hospital. St. Martin spoke to the critters and promised to feed them if they left. He did not want to see the animals poisoned and he did not want the linens destroyed either. All of the mice left the building and lived in a field near the town. To this day there is no trouble with mice in the area.

St. Martin had a great devotion to his **J guardian angel**. He was seen with two angels walking with him and another time with four angels holding candles to light the way.

Martin was found to be an **K incorruptible**. This means that God saved St. Martin's body from decay as a miracle to help people believe in Him. His feast day is November 3rd. He is the patron of African-Americans, against rats, barbers, poor people and many other things.

St. Martin de Porres was a man full of love for God and his neighbor. He lived to serve. Now he lives in heaven with Jesus and Mary. He can be our special friend in heaven and deliver our prayers to Jesus.

St. Martin de Porres, **L pray for us**.





St. Martin de Porres

Appropriate for:
Preschool, Grade K

Mouse in a Pouch

- Supplies**
- Applesauce
 - Cinnamon
 - Glue
 - Scissors
 - Brown Pipe cleaners
 - Small black beads 3 per child
 - 1 sheet of pink construction paper
 - 1-2 permanent marker(s) for teacher
 - Pre-sewn scrap fabric pouches size: 2 ½" x 4" with or without drawstrings

Recipe **Non-bake Cinnamon dough recipe**

- 9 parts cinnamon
- 6 parts applesauce
- 2 parts white glue

Mix glue and applesauce in a bowl and stir. Add the cinnamon and mix. Then knead for several minutes. If it is too dry and crumbly, add a little more applesauce. If it is too wet and sticky, add a little more cinnamon. The glue makes the items more durable.

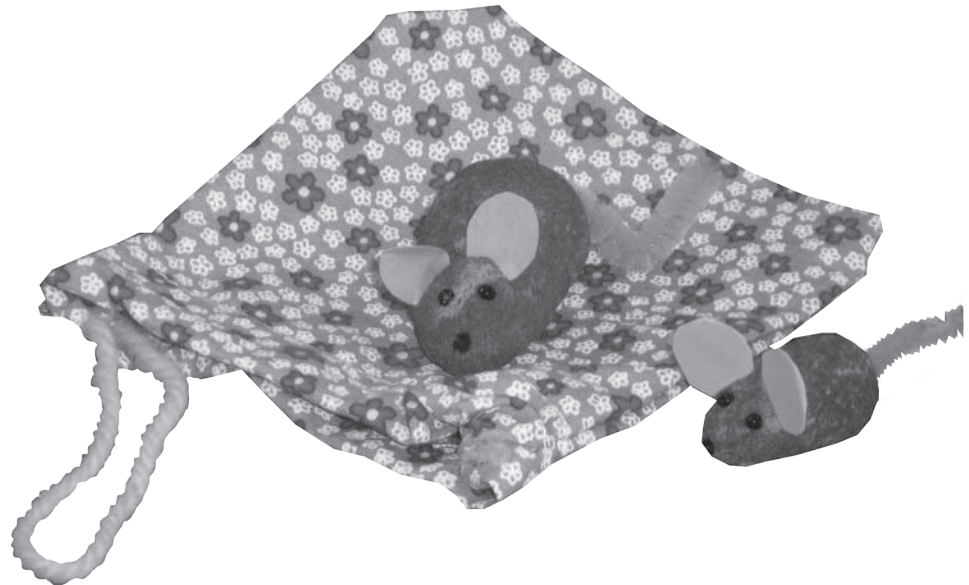
Set Up

1. Pre-sew small pouches from various colors of scrap fabric. Add drawstring if desired. One per child
2. Make the Cinnamon dough according to recipe and keep in a large zip lock bag until ready for use.
3. Pre-cut brown pipe cleaners into 2" pieces, one per child.
4. Pre-cut small pink half circles approximately ¾" for ears. Two per child.
5. Count out 3 small black beads for nose, and eyes per child. It is very helpful to place all pre-cut items into a sandwich size baggie or paper cups. This way all small pieces are ready for each child without lost items.

Mouse in a Pouch (Continued)

Directions

1. Give each child a small piece of dough about 1 ½" in diameter. Demonstrate how to roll the dough into a smooth and round ball using the table or the palm of your hand.
2. Next hold the ball of dough and pinch and pull a pointed head. Assist individual children that need help.
3. When the dough is formed into the mouse shape body with pointed end for the head, poke the pipe cleaner in the back side for a tail. Children may curl, or bend pipe cleaner to make it more like a tail. Push beads in for eyes and nose. Finally, poke paper ears in the top of the head so the ears stick out of the dough.
4. Give each child a fabric pouch with their name written in permanent marker on the top or bottom edge of fabric.
5. Place finished mice on top of individual pouches. Put in a safe location for drying.





St. Martin de Porres

Appropriate for:
1st Grade & 2nd Grade

Pringles Money Bank

- Supplies**
- One single serving size Pringles can with lid
 - Acrylic or tempera paint
 - Glue
 - scissors
 - Paper towels
 - Cups for water
 - Paint brushes
 - Picture of St. Martin de Porres (page 8)
 - Various decorations: ribbon, foam craft shapes...

- Set Up**
1. Pre-cut money slit in the lids.
 2. Print and pre-cut a picture of saint one per child
 3. Organize decoration items for distributing.
 4. Place one Pringles can at the work area.
 5. Set up each child's work area for painting. Place one cup of water with paint brush and paper towel, using desired containers to distribute paint for each child.

- Directions**
1. Allow children to write names on the bottom of Pringles can.
 2. Paint the cans various colors or all one color. If you choose to use tempera paint, add a small amount of white glue. This helps the tempera paint bond to the surface of the can better.
 3. After paint has dried, apply the picture of Saint Martin to the Pringle can.
 4. Decorate as desired.







St. Martin de Porres

Appropriate for:
3rd Grade & 4th Grade

Help the Poor Board Game

- Supplies**
- Printed copy of the board game on paper or cardstock; one per child (page 10)
 - Printed copy of cards for the game; one per child (page 11)
 - Crayons
 - Toothpaste caps 2-4 per child
 - Glue
 - Small colored pom poms or wooden beads; size $\frac{3}{4}$ "
 - Pipe cleaners 2" pieces

- Set Up**
1. Print game boards for each child.
 2. Place crayons and game boards in each child's work area.
 3. Cut the pipe cleaners into approximately 2" long, one per toothpaste cap.

- Directions**
1. Create game pieces: Bend the 2" pipe cleaner piece into an "M" shape.
 2. Fill the dimple on the top of the lid with glue and push the "M" pipe cleaner into the glue. The "v" part of the pipe cleaner will rest in the glue. This will make the arms.
 3. Next glue a wooden bead or a small pom pom on top of the lid for a head.
 4. Let dry.
 5. Instruct children to color the game board to help the poor.
 6. Cut game cards on dotted lines.
 7. Allow children to play the game with two or four players.
 8. Put game pieces in a baggie or box so they do not get lost.

- Game Play**
1. Place game cards in a stack.
 2. Each Player begins on "Start".
 3. Choose the youngest player to go first.
 4. Draw a card from the stack and follow instructions.
 5. The first to get to "Help the Poor" space wins!

Move Forward 1

Move Backward 4

Move Forward 2

**Change Places with
an Opponent**

Move Forward 3

**Change Places with
an Opponent**

Move Forward 4

Move Backward 1

Move Forward 5

**Move Forward 2 and
Draw Another Card**



St. Martin de Porres

Appropriate for:
5th Grade & 6th Grade

Tin Can Luminary Craft

- Supplies**
- Small tin cans: mushroom cans, soup cans...one per child
 - Small finishing nails
 - Small hammers to share
 - Permanent markers one per child
 - Water
 - Freezer

- Set Up**
1. Clean cans and remove labels.
 2. Fill with water and freeze several days before craft.
 3. Collect small hammers for children to share.

- Directions**
1. Distribute the frozen cans to each child. Have them dry the cans with paper towels if necessary.
 2. Using permanent markers allow the children to draw designs around the can. Suggest shapes, patterns or the words: "Pray for Us"
 3. Once the designs are finished have children use the hammer and nail to punch holes over the marker design. The ice will keep the can from denting. Space the holes so they do not overlap each other.
 4. Let the ice melt and remove water and ice.
 5. Write names on the bottom of the can.
 6. Votive candles may be placed in these at home.





St. Martin de Porres

Martin de Porres

Sing to the tune of Aiken Drum

Chords: C, F, C, G7

1. There was a man lived in Pe -ru, in Pe -ru, in Pe -ru. There
2. His hands were bu -sy help - -ing, help - -ing, help - -ing. His
3. His feet were bu -sy serv - -ing, serv - -ing, serv - -ing. His
4. His heart was filled with cha -ri -ty, cha -ri -ty, cha -ri -ty. His
5. His mind was filled with ho - -pe, ho - -pe, ho - -pe. His
6. His soul was filled with fai - -th, fai - -th, fai - -th. His

Chords: C, F, C, G7, C, CHORUS: F

4 was a man lived in Pe -ru, and his name was Martin de Por -res. And he prayed for all the poor folks,
hands were bu -sy help - -ing, and his name was Martin de Por -res.
feet were bu -sy serv - -ing, and his name was Martin de Por -res.
heart was filled with cha -ri -ty, and his name was Martin de Por -res.
mind was filled with ho - -pe, and his name was Martin de Por -res.
soul was filled with fai - -th, and his name was Martin de Por -res.

Chords: C, G7, C, F, C, G7, C

7 poor folks, poor folks. He prayed for all the poor folks and his name was Martin de Por -res.



St. Martin de Porres

Mice Cupcake

- Ingredients**
- Boxed cake mix
 - White icing
 - One package of chocolate chips
 - One package of string licorice
 - Vanilla wafers, or Life Savors or other round treats for ears

- Directions**
1. Bake cupcakes using your favorite boxed cake mix.
 2. Decorate with white icing.
 3. Use chocolate chips to place as nose and eyes.
 4. Cut small string licorice for whiskers and add by the nose.
 5. Use candy pieces for ears such as Life Savors, or vanilla wafers.

Easy Alternative: Strawberry Mice

- Ingredients**
- Large strawberries
 - White icing
 - One package of chocolate chips
 - One package of string licorice
 - Slivered almonds

- Directions**
1. Take large strawberries and cut them in half.
 2. Put it on the plate the flat side down.
 3. Take mini chocolate chips for little eyes and nose and glue them to the strawberry using a little bit of icing.
 4. For ears use slivered almonds and use red licorice for the tail.
 5. Enjoy these cute little critters!



St. Martin de Porres

Catch the Mice Tag

Supplies • One clothes pin per child

- How to Play**
1. Clip a clothes pin to each child's shirt. These are the mice that St. Martin loved and wanted to save from being poisoned.
 2. The leader yells "go" and the children run playing tag, grabbing the others' clothes pin mice.
 3. When a child gets a clothes pin they should kneel down to attach the new clothes pin to their shirt.
 4. The child with the most clothes pin mice wins.



St. Martin de Porres

Memory Verse

St. Martin de Porres



Matthew 5:16

"...Your light must shine before others, that they may see your good deeds and glorify your heavenly Father."

—St. Joseph Edition NAB

St. Martin de Porres



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